

# Personal mission statement & enhancement template



**KEEP  
PRACTISING**

Define What You Want to Be, Do, and Have

I'd like to be:

I'd like to do:

I'd like to have:

Describe an activity, which instils a feeling of fulfilment:



Describe the feeling?



What about this activity enhances self-worth?

Complete this statement. "I derive much satisfaction and fulfilment from:



The gratification I experience is:



It is worthwhile because it:

When I'm busy doing it, I feel:



Describe something you have done that gives you a sense of pride:



What traits about yourself are illustrated in this action?



List your greatest talents/attributes in descending order of importance:

Describe 5 aspects of your job, in descending order of importance, from which you derive fulfilment:

Describe 5 extra activities/actions that you can add to your work day to make it more meaningful:

This template will help you see and acknowledge what brings you fulfilment and purpose. It will also help you identify what you want and where you can add value to your life and the lives of others. Your answers don't have to be perfect or final. It can and should be reviewed over time as you grow and develop.