

1.What do you want?



2. Describe it



3.WHY?



4.When/where?



5.Actions/Steps?
Can you do this?



6.Anything stopping you?

7.Resources?



8.Ecological?



9.Evidence?



10.Decision?

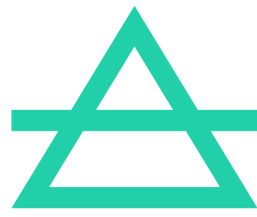
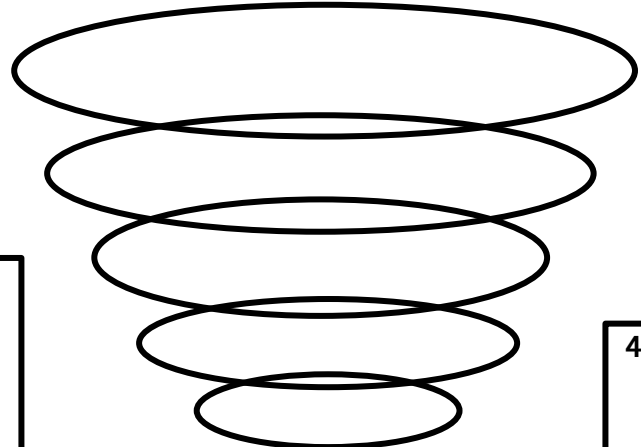


11.Accountable?



12.First step?

Higher Intentions



**KEEP
THRIVING**

**12 STEPS
TRANSCEND**